



Surgery-Day Reminders

Please complete these essential steps prior to your arrival to ensure a seamless check-in process.



Shower

Shower before you come to the surgery center.



No Lotions

Avoid wearing lotions, perfumes, make-up or deodorant.



Loose Clothing

Wear comfortable and loose-fitting clothes.



Vision care

If you usually wear contacts, wear glasses or bring a storage case for your lenses.



No Valuables

Leave jewelry and valuables at home.



Arrival Time

Give yourself time to arrive ahead of your scheduled appointment.



Identification

Bring a photo ID and current health insurance information.



Medications

Bring current medications in their original containers or list them with dosages and times.



Companion

Ensure you have a responsible adult to drive you home.